

5. Who are we?

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Science has discovered many interesting factors about the human brain and the DNA of human beings. Based on scientific knowledge, humans only use a portion of the brain, some research says 5% to 6% and others say just over 40%. Also, more than 90% of human DNA (or Junk DNA as some may erroneously call it) remains a mystery to modern science. Therefore, it is inevitable to ask the following questions: what is the remaining matter of our brain for? What is the majority of our DNA for or what is hidden in it? And why do we not have full access to our brain and DNA? It is not easy to find answers to these relevant questions because science has not yet discovered the full potential of human beings, and cannot explain the reasons behind the current incapacity of human beings to be in touch with every part of themselves; which is why scientists have named the missing part of our DNA "junk DNA". Just because in 2007 we do not have clear evidence of what human beings really are, does not mean that we should eliminate the possibility that there is more to humans than meets the eye.

The facts mentioned above prove that we are not completely aware of what human beings really are and that there is still so much that we do not know and cannot explain in the dawn of the 21st century. There is a possibility that the hidden part inside of us could reveal a more complete state of existence, as well as the purpose of our existence, and even our past and where we really come from. But why do we not have access to all this information? Are humans in this current state of ignorance because over the years their consciousness has declined? Or is it because our minds were blocked and memories erased for some unknown reason? Until now, all of this remains a mystery (although there are several theories), but maybe someday science will unfold this mystery and humans will regain all the lost knowledge. In the mean time, humans should try to develop and rediscover their potential by engaging in some kind of spiritual path where they are encouraged to evolve, to search, and to realise we need to find and maintain our divine spark.

Why are so many people fascinated with the story of Atlantis? Is it because human beings think that somehow they are genetically related to the inhabitants of the Island-continent? Or because they sense that they could become as spiritually and technologically evolved as the Atlanteans? And why are human beings so eager to find out whether extra terrestrials have ever come to earth and left some sort of print? Do we subconsciously sense that we could descend from an extra terrestrial race? Or are we simply fascinated by life on other planets just out of curiosity and general knowledge? Or maybe do we need to know that there is more to this universe than our planet, because it makes us feel less lonely?

If we only use less than half of our brain, we should at least sense that something is wrong there, that something is missing, that we are not complete... could this be the subconscious cause that leads humans to engage in destructive behaviours such as alcoholism, drug addiction, depression, general dissatisfaction, wars, the need to feel rich and powerful even at the expense of others, etc... are these all behaviours dictated from the need to fill in a certain void that we have inside? These could be caused by our subconscious realisation and frustration that we cannot fully be who we really are. We feel imprisoned in our own mind and we search for happiness outside of ourselves by becoming slaves of materialism and the need to gain power over other humans.

Maybe we should focus more on the spiritual side of ourselves and life in order to avoid destructive behaviours, whether towards ourselves or others. Human kind is a mystery, but will human beings succeed in regaining their full awareness of who they are one day? Will they finally wake up and see beyond the illusive world they live in? I guess time will tell...

MIV with the kind collaboration of Kenneth Harwer